

SAC  
February 27, 2018

Attendance: Freddie; Gorske; Macie; Collins; Mat; Rowe; Vidaurreta

- Freddie-still putting together 3<sup>rd</sup> year schedules. General frustration is: sample schedule is irrelevant, and majority of the class will have to schedule changes. Feels it inefficient and redundant. Will have to reorganize the schedule after first and second phase. Schedule will be a mess after each phase that could potentially cause more stress.
- Rowe- recruitment for graduate students happening on super bowl Sunday. Unavoidable due to the dynamics of all the different schools participating in recruiting. They have tried to accommodate those who do want to watch it.
- Dr. Montach is great, and implementing new things. Class is very excited. Overall class is doing well. Still working on ER shadowing process. Dr. Collins will follow up with Matt Ryan regarding this issue.
- MS1-In cell biology block right now, and class is doing well are overall. Updates: MS2 gave step and resources speed dating, very informative but generated general anxiety throughout the class. Dr. Gorske decided to give a follow up presentation because of this, and went a long way in making the class feel better. Dr. Collins suggested that Dr. Gorske give his presentation first, since his was calmer and better received with the goal being to reduce this anxiety. Happy that Dr. Gorske brought in 3<sup>rd</sup> years to speak. It gave them a different perspective from their peers. Dr. Collins reminds her to expect these next few months to be tougher, and to prepare your body and mind. Develop a game plan to sustain the months-Dr. Vidaurreta.
- Dr. Vidaurreta-Therapy dogs will be here on March 20. Also reminds the group about the upcoming Mindfulness in Medicine course. The course will be held on February 28, March 13, March 20, March 27, and April 3. Trying to make the ice cream social a monthly occurrence. Suggestion to pre-sale the tickets.
- Mat-updates-spring symposium coming up. John Olsen at University of Michigan will give this year's presentation. Overall doing well.
- Macie-gearing up from Step. Most students have a plan and are ready to go into the dedicated Step time. White Coat Company chairs came to her bout transition of leadership, and they were confused. Macie wants to clarify that they have already picked the leaders for the next class, and the transition is underway.